



Lunalilo Home

Mālama Kūpuna

Loving care for Hawaii's elderly in a serene setting.

WINTER 2016-2017

OUR MISSION

To provide respectful, quality, compassionate, and caring services for disadvantaged kūpuna of Hawaiian ancestry.

OUR VISION

To be the foremost system of elder services for Native Hawaiians.

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UPCOMING EVENTS

Annual Lū`au
Saturday
February 4, 2017
11:00 am - 1:30 pm

COME VISIT US

Call us for a tour of our 42 bed Residential Care Home and 6-day per week Adult Day Care Center!
808-395-1000
info@lunalilo.org

Nā Mo`olelo Kūpuna - The Kūpuna Stories

Aloha e Ka `Ohana o Ka Home Lunalilo,

With the New Year upon us, the Trustees, administration, and staff of Lunalilo Home and Adult Day Care extend our best wishes to all. Mahalo for your meaningful, impactful, and ongoing support of Lunalilo Home.

During this season, we are reminded to celebrate and appreciate the legacy that has been left by King William Charles Lunalilo. It is also appropriate to concurrently reflect upon the blessings we, at Lunalilo Home, have in accepting the privilege of caring for and enhancing the dignity of kūpuna. The well-being of kūpuna is entrusted to us, and we promise that kūpuna will be welcomed with aloha, embraced within our `ohana community, provided with quality care, and fully respected.



From left to right: Gregory Ka`onohi, Paulie Jennings and Leilani Kamali`i share smiles and laughter while on an afternoon walk at Lunalilo Home.



Josephine Miller (left) and Callie Young (right) enjoy a sunny morning together.

Everyone has a mo`olelo - a story. All one needs to do is ask and a rich and poignant history unfolds. The kūpuna and families who we serve come from a myriad of backgrounds. Each kūpuna has a special mo`olelo accompanying them on a journey that has allowed Lunalilo Home to be introduced into their lives. Each mo`olelo is unique, providing insight into the sometimes

difficult situations that unfold as aging progresses, and often reflect on the contributions and vibrancy of the lives of kūpuna.

With their permission, we are sharing selected stories so that you, too, may have the privilege of getting to know a few of our residents and adult day care clients. Our kūpuna are not unlike many persons that we all know. Sit down with your kūpuna and ask them about their lives. Allow their mo`olelo to be shared with all, and embrace their precious knowledge. Their mo`olelo are reminders for us all to be compassionate and generous in our support of elders, and to assure that they are honored and protected. In so doing, we will continue to celebrate, perpetuate and advance the legacy of King Lunalilo to broader reaches and to greater impacts in our communities.

Hau`oli Makahiki Hou! 🏰

Gladys & Hans Mocksing

Gladys grew up surrounded by family in Lahaina, worked at Hale Kope, raised seven children in Honolulu, and later worked at Chuck Machado's Luaus and Bingham Tract School.

Hans was born in a plantation town in Waipahu and enjoyed socializing with many diverse friends. After retiring from the Army, he worked as the administrative supervisor as well as yard safety person at Pacific Construction Company, Ltd.

Gladys initially met Hans three years after her beloved second husband passed. She wouldn't see Hans again until two years later when the pair, at long last, enjoyed their first date. They married on the island of Kauai and were seldom apart for the next 35 years. The loving couple shared many good times together ranging from numerous vacations in Las Vegas to trips to the outer islands. They enjoyed it all.

In 2011, Gladys was diagnosed with dementia, and in 2014 with cancer. Hans became her faithful caregiver, but even with his full effort and desire to provide her with what she needed, time was not in their favor. His own health slowly declined with advancing age. As Gladys' need for care from a professional nursing staff became evident, the search for an appropriate and affordable living situation began. In 2015 Gladys was admitted to Lunalilo Home with a portion of the costs for her residence and care subsidized by the King Lunalilo Trust.

Hans became a dedicated and daily visitor to Lunalilo Home so that he could spend time with Gladys. With his own increasing challenges of maintaining a healthy independent lifestyle, Hans chose to be admitted to the Lunalilo Home where the two were united once again.

An environment with around-the-clock nursing staff to support the management of each of their health conditions allowed Hans and Gladys to spend most of the days enjoying time together, either participating in group singing, exercise sessions, or games in the `ohana room. When not among the community of kūpuna, Hans would escort Gladys in her wheelchair on daily walks down the front lanai entryway. The two were often observed sitting and relaxing while taking in the view of the Ko`olau and enjoying snacks at a table.

Their loving relationship was highlighted when Gladys and Hans were crowned the 2016 Queen and King of Lunalilo's May Day Festivities. Shortly thereafter, Gladys passed and Hans penned the heartfelt poem, shared here with his permission. Hans and Gladys continue to be reminders of true love and devotion at Lunalilo Home. 👑

*May Day King, Hans Mocksing
& Queen, Gladys Mocksing*



MY BELOVED GLADYS The Love of My Life

*It was late in life, when we first met
A meeting I would not, soon forget
And the marriage that followed, for 35 years
With it's joys of laughter and sorrows of tears.*

*The world was hers, if to give was mine
And being together, suited her just fine
But a medical finding, was not good but had
Of an incurable illness, that she had*

*And through it all; and with a smile outside
It was but an act, as I was crying inside
And between us, decided long ago
That it would be me not her, the first to go*

*But her destiny, in its mysterious ways
Had placed a limit, on her remaining days
And so it was, on that early dawn
No more tomorrows, my beloved was gone*

*The Hour Glass, once full of sand
Had emptied, as I held her hand
And the battle she had lost, was for the best
So now it was time, for her to rest.*

*Our life together, had come to this
A tearful ending, and a farewell kiss
But not forgotten was our song, she knew
And wept as I sang, "Because of You"*

*But even, as I share my grief
I'm certain also, in my belief
That someday soon, but know not when
We'll be together, once again
A me ku'u ipo, "E ho'omaha me ka maluhia"
"Rest In Peace" my Love, till then.*

Written by husband Hans K. Mocksing

Elsie Yoshimoto

Elsie Yoshimoto grew up in downtown Honolulu and went to work at a young age as a Sales Clerk for Sears Roebuck and Company. She enjoyed raising two daughters alongside her husband Tsugio "Bob" Yoshimoto. Some of her favorite past times included making sushi and crocheting. Elsie also enjoyed an active lifestyle and maintained physical activity throughout her early retirement years.

As Elsie advanced in age, her health declined and she began to require more personal care. Elsie's daughter took on the caregiving role as best she could, followed by Elsie's grandson Kaipo who had to unexpectedly step in as Elsie's primary caregiver.

Kaipo was new to caregiving but he took this commitment seriously. He quickly realized he would need professional support to help care for his grandmother, especially while he was at work. He reached



Elsie Yoshimoto

out to Lunalilo Home Adult Day Care where Elsie was assessed and admitted into the program.

Elsie has shown tremendous improvement in her health. At Lunalilo Home Adult Day Care, Elsie has access to professional

care from highly trained staff, a wide variety of daily activities, and socialization. Elsie has become more alert and talkative as a result of her participation in physical, intellectual and cultural activities. Her cognitive function has improved and Elsie gained needed weight by eating regular meals. Her improved nutritional status has made her stronger with a marked improvement noted in her walking and personal self-care.

Although Kaipo was initially worried about having strangers care for his grandmother, these worries no longer exist. When dropping his grandmother off in the mornings, he finds comfort in the fact that she will be well cared for by the expert staff of the Adult Day Care. Kaipo is now confident in knowing that he made the right decision for his grandmother's health, and that day care participation has added quality months and even years to her life. 🙏

George Nakasone



George Nakasone

George Nakasone grew up in Whitmore Village in Wahiawa and is a proud graduate of Leilehua High School. After graduating from high school, George joined the Army, completed three years

of service, and went on to attend Indiana Tech in Fort Wayne, Indiana where he earned a degree in Electrical Engineering. George married after graduating from college, and raised his family in Washington State.

Most of George's time was spent working on the continental US as an Electrical Engineer for RCA in the aerospace industry. Eventually, George and his wife decided to return to Honolulu, working at Hawaiian Telcom until he retired.

As George advanced in age, his health began to decline and he had difficulty maintaining a home while living alone. Ultimately his care needs increased and George required additional supervision during the day to maximize functioning and promote his well-being. He was welcomed into the Lunalilo Home Adult Day Care Program which gave George the opportunity to have

professional care, participation in daily activities, socialization with others and regular nutritious meals. These contributed to maintaining his normal activities of daily living while living at home.

As time passed, George's care needs continued to increase and he was no longer able to receive sufficient care while living at home, so he transitioned to becoming a resident at Lunalilo Home - a comfortable, safe, home-like environment, offering specialized care programs and social activities focused on best practices for elder care. George is thriving at Lunalilo Home and benefits from the daily interactions he has with fellow residents in a warm and friendly environment that promotes aloha and `ohana. George's companion and best friend Hoku, the Golden Retriever, visits regularly and brings much joy to George and others. 🙏

Deborah Hermogila

As a young child, Deborah Hermogila knew that she was very special because of the doting love and attention she received from her mother and older sisters. It was not until she was a little older that she realized her family was trying to protect her from people in the world who would view her cerebral palsy disability as a reason for ridicule and cruel insults.



Deborah Hermogila during her Birthday celebration

Paulie Jennings

Born in Hilo, Hawai'i, Paulie Jennings graduated from Roosevelt High School in 1948 and attended Whitman College in Washington State. In 1953, Paulie married Patrick Henry Jennings. They traveled the world together raising their sons, Grant and Dean;



Paulie Jennings

As a teenager, she was told she would never marry and that no one could love her due to her disability. She proved these naysayers wrong when she met and married a man many years her senior. She had a son, but shortly after he was born her marriage of ten years fell apart.

On her own, and less capable of caring for a toddler, Deborah made the very difficult decision to allow her older sister to raise her son. After a number of years, Deborah's son married and she was blessed to have three grandchildren. Her son's career took him to the US continent. Time and distance has resulted in Deborah seeing her son and his family less often.

Deborah has been a resident of Lunalilo Home for six years where she appreciates the Hawaiian culture, plantation-style setting, and freedom to take her electric scooter to church or shopping at Koko Marina. She particularly enjoys participating in a weekly Hawaiian language class headed by long-time volunteer, Carol Silva.

At Lunalilo Home, Deborah's care needs are met and she is able to flourish. She continues to attend special programs designed to develop personal goals, and is active in the United Cerebral Palsy Program monthly/quarterly events. 🏠

both who have godparents of royal European heritage.

Patrick and Paulie eventually moved back to the Hawaiian Islands, where Paulie became involved with various public benefit organizations such as the Salvation Army and the Moanalua Gardens Foundation. She views one of her greatest accomplishments to be her role as the Executive Producer of the World Invitational Hula Festival. This organization focused not only on dance competition opportunities for local and international participants, but acted as a vehicle of education by sponsoring workshops focusing on Hawaiian culture, art, language, anthropology, history, economics, agriculture, ecology and voyaging.

Because of her dedication to the land and people of her heritage, Paulie made way for untold numbers to experience, first hand, the Spirit of Aloha.

In the same way, Paulie feels blessed to be a benefactor of King Lunalilo's vision to provide a safe, caring haven for Native Hawaiians, giving preference to kūpuna. Here, in her home at Maunaloa, she continues to share and regularly enjoy her love of Hawaiian culture, music and hula. 🏠

MAHALO TO OUR SUPPORTERS

We express our sincere gratitude for the generosity of our many donors, partners, volunteers, and community organizations who support the Home, year-round. Mahalo to all who have donated items and to all who have provided added entertainment and activities for our treasured kūpuna throughout the year and especially during the Holiday Season. Mahalo to all who have donated time and effort toward improvements to the grounds and buildings where we serve our kūpuna. Although we cannot list all, we would like to also acknowledge those who chose to support Lunalilo Home through monetary contributions over this past year:

- | | | | |
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Bob Chambers
Cheryl Numata
Darlene Donat
Elizabeth Bookmyer
Gerald Sumida
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Kenneth W. Y. Lee
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Colin & Lauren Byars
Donn & Donna Fukuda
Faye Wai
George & Masami Nakahara
Kerry Iha
Malia & Greg Shirokawa
Michelle Hashimoto
Myra Yui Kaneshiro
<i>In Honor of Makalena Shibata of
 Daughters of Hawaii, Emmalani
 Serenaders:</i>
Bonnie Stevens
Daughters of Hawaii, Emmalani
Serenaders
Edna Cathcart
Susan Chong |
|--|---|--|---|



Lunalilo Home
 Caring for Kūpuna
 Preserving a Legacy

SUPPORT LUNALILO HOME

Help enrich the lives of our kūpuna by supporting our efforts to provide compassionate quality care, infused with Hawaiian values and traditions.

I want to make a difference in kūpuna lives. I would like to:

Make a donation

- | | | | |
|-----------------------------------|----------|----------------------------------|----------|
| <input type="checkbox"/> Lei Hulu | \$1,000+ | <input type="checkbox"/> 'Ohana | \$50 |
| <input type="checkbox"/> Alaka'i | \$500 | <input type="checkbox"/> Hoaloha | \$25 |
| <input type="checkbox"/> Kāko'o | \$100 | <input type="checkbox"/> Other | \$ _____ |

Please contact me:

- I want to make a recurring gift.
- I want to donate goods and services.
- I have included Lunalilo Home in my estate plans.
- I want to learn about estate and planned giving that will benefit Lunalilo Home and me.

I want to become a volunteer. My interests are:

- | | |
|---|---|
| <input type="checkbox"/> Entertainment | <input type="checkbox"/> Special events |
| <input type="checkbox"/> Home maintenance | <input type="checkbox"/> Gardening |
| <input type="checkbox"/> Administrative | <input type="checkbox"/> Service projects |
| <input type="checkbox"/> Friendly visits | <input type="checkbox"/> Other |

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email _____

Mail completed form to: Lunalilo Home
 501 Kekāuluohi Street
 Honolulu, HI 96825

Make a donation online: www.lunalilo.org

Email: info@lunalilo.org



Lunalilo
Home

*Caring for Kūpuna
Preserving a Legacy*

501 Kekāuluohi Street
Honolulu, HI 96825
(808) 395-1000
www.lunalilo.org



OUR PROMISE

*To respect the individual
dignity of our Kūpuna
while providing care
in the spirit of aloha
and 'ohana*

OUR CORE VALUES

Aloha
Love, Compassion

Mālama
Caring

Laulima
Cooperation

Hō'ihī
Respect

Ho'omanawanui
Patience

Lokomaika'i
Generosity

Pono
Do what is right

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UPCOMING EVENTS & OPPORTUNITIES

Annual Lunalilo Home Benefit Lū`au

In our annual tradition, Lunalilo Home will host a Lū`au featuring 'ono food, nahenahe music, beautiful hula, and a relaxing time with family and friends!

Your continued support, generosity and kōkua are especially appreciated, and will help assure that we will be able to provide for our kūpuna throughout the coming year, and into the future.

Saturday, February 4, 2017

11:00 am to 1:30 pm

Tickets - \$50 per person

Special Benefit Tables Available

Ticket purchase deadline: January 27, 2017. Purchase tickets online at www.lunalilo.org or call Vicci at 395-1000 ext. 223 for more information.

*Na kākou āpau ke kuleana e mālama i kō kākou mau kupuna.
It is all of our responsibility to care for our elders.*